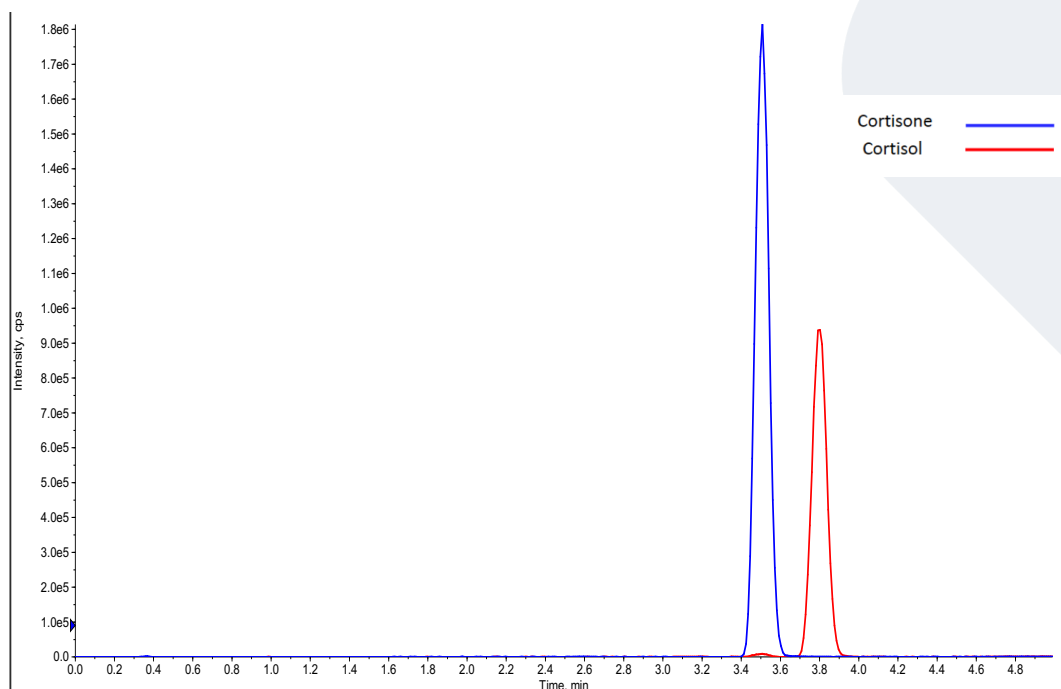


## FLOMASS<sup>®</sup> URINARY FREE CORTISOL AND CORTISONE

The analysis of free urinary Cortisol (CFU) constitutes the first approach for the screening of endogenous Cushing syndrome (CS) at biochemical laboratory level. CFU measured within 24 hours can be useful also in other clinical conditions characterized by a high level of Cortisol in serum, for example apparent mineralocorticoid excess syndrome (AME).

Cortisol is mainly secreted by adrenal glands, while Cortisone is mainly produced by  $11\beta$ -hydroxysteroid dehydrogenase 2 that converts bioactive Cortisol in inactive Cortisone preventing the activation of mineralocorticoid receptor caused by Cortisol. Cortisol and Cortisone simultaneous determination is very important for the diagnosis of AME, CS but also congenital adrenal hyperplasia and adrenal insufficiency.



### HPLC-MS/MS system conditions

**Ionization:** ESI positive mode

**MS/MS:** specific MRM

**Injection volume:** 10  $\mu$ L (variable according to instrumental sensitivity)

**Running time:** 6 min

**Column heater:** 30°C

## Sample preparation

- Prepare Internal Standards Mix Solution as indicated in IFU
- Pipette 200  $\mu$ L of urine in a 1.5- or 2-mL PP vial
- Add 200  $\mu$ L of the Mix Solution obtained previously
- Vortex for 20-30 sec
- Wait 5 min and then centrifuge for 5 min at 12000 rpm

### Protocol 1 (for medium-high sensitivity instruments)

- Transfer 200  $\mu$ L of supernatant in a plastic vial with low volume insert and analyze with HPLC-MS/MS technique

### Protocol 2 (for low sensitivity instruments)

- Transfer 300  $\mu$ L of supernatant in a new 1.5- or 2-mL PP vial
- Dry the sample in a heater block (45°C) supplied with nitrogen flow (or use an evaporator under vacuum/centrifuge)
- Resuspend pellet with 30  $\mu$ L of a mix composed of MPA and MPB (50:50)
- Vortex for 1 min
- Centrifuge for 3 min at 12000 rpm
- Take all the supernatant and pipette it in a plastic vial with low volume insert and analyze with HPLC-MS/MS technique

## Performance

ANALYTE	LINEARITY (ng/mL)	LLOD (ng/mL)	LLOQ (ng/mL)	CV% INTRA	CV% INTER
Cortisol	2.4 - 15000	0.8	2.4	1.9 - 9.7	2.2 - 3.5
Cortisone	2.1 - 15000	0.7	2.1	1.1 - 3.8	1.8 - 6.5

## Ordering guide

EUM06200	FloMass® Urinary Free Cortisol and Cortisol	200 assays
EUM06041	6-Levels Calibrators, lyophil.	2 x 6 x 1.0 mL
EUM06051	3-Levels Controls, lyophil.	2 x 3 x 2.0 mL
EUM00C06	Analytical Column	1 pc
EUM00A06	Precolumn	4 pcs

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